



Evergreen Garden Club

WILD IRIS



November 2019



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November

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NEXT MEETING

TUESDAY

NOVEMBER 12, 2019

BERGEN PARK FIRE HOUSE

9:00 a.m. Social

9:30 a.m. Meeting

NOVEMBER'S PROGRAM

WILDFIRE MITIGATION

Presented by

John Putt



EGC Business Meeting Minutes OCTOBER 2019

President Report: The meeting was called to order at 9:35 a.m. by President Carol Herczeg. All in attendance were welcomed to the October EGC Business Meeting and Fall Public Garden Clean Up Day. Carol announced the occurrence of the first EGC Yoga class held at 08:30-9:00 that morning. Future Yoga classes will be held from at 08:00 - 09:00 in the room off the kitchen at the Bergen Park Fire station before each EGC business meeting from October- May. Carol stated the Yoga class information will be posted on the Website and in the Wild Iris.

Greg Pakieser sent an email suggesting Drone Photos be taken of the public gardens in 2020. Helen suggested the photos be taken at more than one occasion to document the changes in the gardens over the season. At least one and possibly two certified drone photographers are interested in volunteering their time to take the photos this next season.

Natural Resource Coordinator, Mary Dickhoff is stepping down and Cherie Luke will take her place if no one else is interested. Volunteers were requested and the duties of the position were shared.

Carol presented the donation of *Gardening Books* for EGC from *Fulcrum Publishing* and mentioned a thank you was mailed by the board to the owner. The Secretary vacancy update was discussed. Volunteers were requested. The Secretary nominating committee, Louise Heern, Kris Wagner and Cindy Gibson were introduced.

1st Vice President Report: Peggy gave an update of the EGC programs. Peggy has one more presenter for programs; April presenter will be a Tool sharpener, Ron Hamilton from Razors Edge. He will sharpen tools for members and give a presentation on how to take care of our gardening tools. We still need speakers for February and March.

Peggy announced our plans to participate at Winterfest and a volunteer sign-up sheet was circulated.

Reminder – RSVP's for Lynn Dimmick's lunch invitation are due by Oct 14. and the lunch date is October 16.

Peggy offered a fun EGC get together idea by Karen Belmont at "go paint" to the members present. Many were interested in this evening, no-host event. Peggy will follow up with the club with a date for the event.

EGC Business Meeting Minutes (Continued)

OCTOBER 2019

2nd Vice President Report: Donna gave an update on the current membership, deadlines for payment of dues and her trials with obtaining and renewing business memberships. She also gave an EGC Directory progress update.

Treasurers Report: Helen presented the EGC cash reserve calculation and offered that - \$1234 are available for charitable giving this year. Charitable giving will not be available this year.

Budget, accounts, income and expenses was reviewed and discussed. Helen voiced she intends to speak with Kris Wagner about an alternative approach to calculating cash reserve in the future.

Helen presented printed instructions for signing up for King Sooper vouchers and instructed members to purchase preloaded Safeway Vouchers from her or at the welcome table at business meetings. Susan Garcia gave a live computer sign up tutorial to those present on the projector screen. Julie Ann Courim noted that amazon also offers a percentage of purchases to nonprofit organizations and can be accessed through the website: smile.amazon.

Secretary Report: Carol filled in for the Secretary since the office is currently vacant. The June EGC business meeting minutes were unanimously approved.

Technology Officer Report: Susan noted the EGC Cash Reserve Policy and EGC Bylaws have now been posted to the EGC website.

Susan offered a preprinted Jefferson County Extension Master Gardener application and encouraged members to sign up for the informative and rewarding program. The deadline to apply is October 25. Other members offered that the Clear Creek Master Gardener program may be more suited for education related to gardening in Evergreen or other high-altitude environments.

Committee Coordinators were welcomed to report.

Cindy Gibson, Welcoming Committee Coordinator stated there were no visitors or new members present.

Annell offered members to take food from the hospitality table to their gardens for work day. She provided a sign-up for dishes for the November and December meetings.

Cherie Luke announced the gardens that needed volunteers for the Fall Clean Up.

President Carol Herczeg, lead the group in "Happy Birthday" to our three members with October Birthdays. She reminded the group we need a publicity coordinator volunteer, a secretary for the board, volunteers for winter fest and Yoga will be held at 8:00-9:00

Evergreen Garden Club Minutes September 10, 2019

The meeting was called to order at 9:33 a.m. by President Carol Herczeg. Board members present were: First Vice-President Peggy Bertrand, Second Vice-President Donna Moore, Treasurer Helen McLeman, and Technology Officer Susan Garcia. Carol welcomed everyone in attendance. The club sang "Happy Birthday" to our members born in September.

Welcoming Committee

Cindy Gibson introduced 3 new members: Judy Black, Debbie Kerr and Sheila Roenfeldt, and 1 visitor: Jan Boone. 38 current EGC members were present at the meeting.

President's Report

Carol Herczeg briefly reviewed our mission statement.

Carol announced that Yoga will be offered at 08:30 - 09:00 in the room off the kitchen at the Bergen Park Fire station before each EGC business meeting from October- May. It will be gentle yoga and everyone is welcomed. Yoga participants are welcomed to bring any props they might find helpful Yoga can be done on a mat or in a chair.

Carol gave a brief overview of the EGC community service projects, special projects and website. Louise Mounsey will be honored on Nov 11, 2019 at the Wild Game banquet room. The ceremony is open to all. Refreshments are scheduled to start at 09:45 and the meeting at 10:15.

The new EGC Board officers were introduced. A jeopardy style questions was offered to those present to announce the vacancy of secretary of the board. A Volunteer was requested. Volunteer publicity coordinator was also requested.

Hospitality Committee

Annell asked for sign up for hospitality table for October and offered all a piece of welcome back cake from the hospitality table.

Natural Resources Committee

Mary Dickhoff suggested we take care of weeds before next year and a discussion of weeds ensued. Member, Greg Pakieser suggested information on noxious weeds can be found on <https://www.colorado.gov/pacific/agconservation/noxious-weed-species>.

First Vice President's Report

Peggy introduced Kathryn, the speaker for the meeting. Programs have been scheduled for September - January. Winterfest application has been submitted and committee was requested for the event and for passing out seed packets. Volunteers are needed for the fire station garden.

Evergreen Garden Club Minutes (Continued) September 10, 2019

Second Vice President's Report

Donna Moore reported dues must be received by the club before October 8, for membership information to be included in the 2019-20 membership directory. A directory was passed for members to update their information. Pictures from gardens was discussed.

Treasurer's Report

Helen McLeman gave the financial report for the club. The budget was approved unanimously by the club members. Echo donations were reported. The State Report was filed. First time new members will pay \$15 for dues if they join after April 1st. Dues for the Garden Club are due September 1 - 30.

Secretary's Report

There was no secretary report. The June meeting minutes will be posted in the October Wild Iris. June and September minutes will be motioned for approval at the October business meeting.

Technology Officer

Susan Garcia requested help from a videographer for a club video idea. Michelle offered to help with pictures.

A 15-minute refreshment break was followed by a presentation by Kathryn Boylston on "Our Favorite Things". The meeting was adjourned at 11:45.

Respectfully submitted,
Carol Herczeg,
President of the Evergreen Garden Club





Evergreen Garden Club Yoga

8:00 am – 9:00 am

2nd Tuesday of each month (before the EGC meeting)

**Free to members, visitors and guests of EGC at
The Bergen Fire Training Center Kitchen**

**Did you know our EGC President, Carol Herczeg, is a
Certified Kripalu Yoga Instructor?**

Kripalu Yoga is a gentle Hatha yoga practice. Its emphasis is on compassionate self-observation without judgement. Kripalu Yoga is accepting and adaptable to everyone, no matter your age, ability, size or particular challenges.

Students are guided to become more intimate with their breath and their moment to moment sensations and experiences. The possibility is to relax, increase mobility and flexibility, and to make the choice to engage in what is most nourishing and lovely.

Carol is a certified Kripalu Ayurvedic Yoga Instructor, Nurse Practitioner, and Health Educator. She is an active member of the American Holistic Nurses Association and the Evergreen Garden Club.



PRUNING EVERGREENS

Reprinted from *The Science of Gardening*

By David Whiting with Robert Cox, Carol O'Meara & Carl Wilson, Colorado State University Extension.

Artwork by David Whiting and Colorado State University Extension



Most types of evergreen trees and shrubs need little to no pruning. Pruning may make the new growth bushier, but will not effectively control size. Select plants based on mature size to minimize pruning needs. If frequent pruning is necessary to keep plant growth in bounds and prevent interference with a walk, driveway or view, consider replacing the plant. Evergreen trees and shrubs are pruned according to species growth characteristics.

PRUNING EVERGREEN TREES

On evergreen trees, avoid pruning the central leader (trunk). This results in the development of multiple leaders that are prone to wind and snow damage. If the central leader is killed back, select one branch to become the new leader and remove potentially competing leaders.

Never allow codominant trunks (trunks of similar size) to develop. If multiple trunks begin to develop, select one and remove others.

For structural integrity on evergreen trees, all side branches should be less than half the diameter of the adjacent trunk (less than one-third is preferred). If the diameter of a side branch is too large, prune back part of the needed area to slow growth or remove the branch entirely back to the trunk.

REMOVING LARGE BRANCHES ON EVERGREEN TREES

New needles will not grow from branches without needles. When a side branch is removed on an evergreen, cut back to the trunk just outside the **branch collar** (the enlarged connecting area on the trunk around the limb).

Do not cut into or otherwise injure the branch collar. Do not make flush cuts. Remove the branch using a three-cut method (Figure 33-1).

Cut 1. Coming out twelve to fifteen inches from the trunk, make an undercut a third to halfway through the branch.

Cut 2. Moving a couple of inches out past the first cut, make the second cut from the top, removing the branch. This double-cut method prevents the weight of the branch from tearing the branch below the branch collar.

Cut 3. Make the third and final cut just outside the branch bark collar. Take extra caution to not cut into or otherwise injure the branch bark collar.

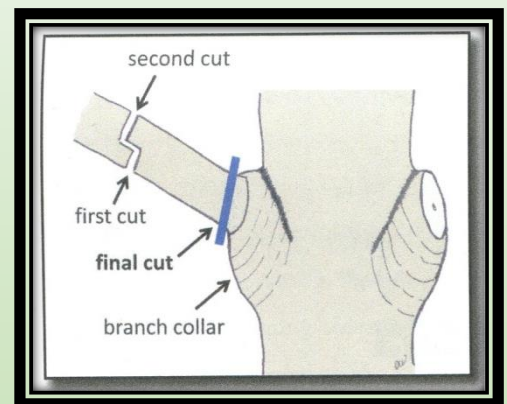


Figure 33-1 On evergreen trees, remove large branches back to the trunk using a three-cut method. Make the final cut just outside the branch collar. Needles only grow from the growing tips out and will not develop on the interior branch wood without needles.



PRUNING SPRUCE, FIR AND DOUGLAS FIR

Spruce (*Picea* spp.), fir (*Abies* spp.), and Douglas fir (*Pseudotsuga menziesii*) generally need little to no pruning.

On young trees, pruning is useful in situations where bushier new growth is desired. Because these species produce some side buds, branch tips can be removed encouraging side bud growth. Prune late winter or early spring.

(Figure 33-2).

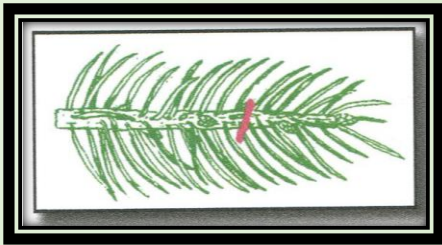


Figure 33-2 Pruning spruce and fir back to a side bud or side branch will encourage growth of side branches.

Spruce, fir, and Douglas fir that are overgrowing their space are somewhat tolerant of being pruned back as long as they are not pruned back past the needles. However, with constant pruning, the branches may begin to show needle browning and dieback. In situations where the branch must be pruned back past the needles, remove it back to the trunk.

In landscape design, small to mid-size evergreen trees, with their pyramidal form, generally look best with their lowest branches allowed to drape to ground level.

On large trees, primary growth occurs at the top with minimal growth at the lower levels. Due to slow growth, pruning of the lower branches may give a “pruned look” for a long time. On large trees, limb up lower branches only if they are in the way.

Very slow-growing species, like the dwarf Alberta spruce (*Picea glauca* var. *albertiana* “Conica”), blue nest spruce (also known as dwarf black spruce {*Picea mariana* “Nana”}), and bird’s nest spruce (*Picea abies* “Nidiformis”) are rather intolerant of pruning.

PRUNING PINE

Pines generally need little to no pruning.

On young plants, if a more compact new growth is desired, “pinching” may be helpful. Using the fingers, snap off one-third of the new growing tips while in the “candle” stage (in the spring, when young needles are in a tight cluster). Avoid using pruners or a knife, as they will cut the remaining needles, giving a brown tip appearance (Figure 33-3).

Because pines produce few side buds, they are intolerant of more extensive pruning. If the terminal bud on a branch is removed, growth on that shoot is stopped, with additional growth occurring only from existing side branches. Do not shear pines.

Like other evergreen trees, small to mid-size pine trees look best (from the landscape design perspective) with their lowest branches allowed to drape down near ground level. When a lower branch has to be pruned back for space issues, remove it back to the trunk.

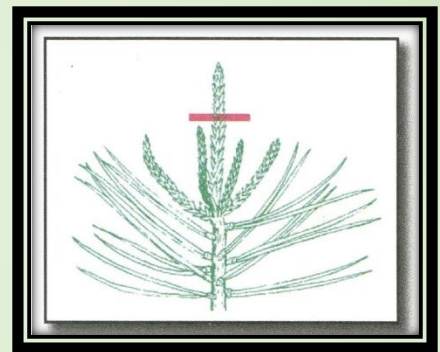


Figure 33-3 On pines, for bushier new growth “pinch” growing tips by snapping off one-third of the “candle” tips with the fingers. Because pines produce few side buds, they are intolerant of more extensive pruning.

PRUNING JUNIPER AND ARBORVITAE

Juniper and arborvitae generally need little to no pruning.

They may be pruned at any time except during subzero weather. The best time is early spring, prior to new growth.

The best pruning method is to cut individual branches back to an upward-growing side branch. This method of pruning is time-consuming, but keeps the plant looking young and natural (Figure 33-4).

While shearing is quick and easy, it is not recommended, especially after midsummer. Shearing creates a dense growth of foliage on the plant's exterior. This in turn shades out the interior growth, and the plant becomes a thin shell of foliage. Frequently sheared plants are more prone to show needle browning and dieback from winter cold and drying winds.

Any pruning that tapers in toward the bottom of the plant will lead to thinning of the lower branches due to shading. To keep the bottom full, the base of the shrub needs to be wider than the top portion.

It is common to see junipers and arborvitae that have overgrown their space. Because new growth comes only from the growing tips, branches cannot be pruned back into wood without needles. If the shrub is pruned back to bare wood, it will have a permanent bare spot.

For shrubs that are getting too large, it is better to prune them back as they begin to overgrow the site. Pruning back severely overgrown shrubs generally gets into wood without needles. Consider replacing severely overgrown plants with smaller cultivars or other species.

Junipers and arborvitae growing in the shade are rather intolerant of pruning due to slow growth rates.

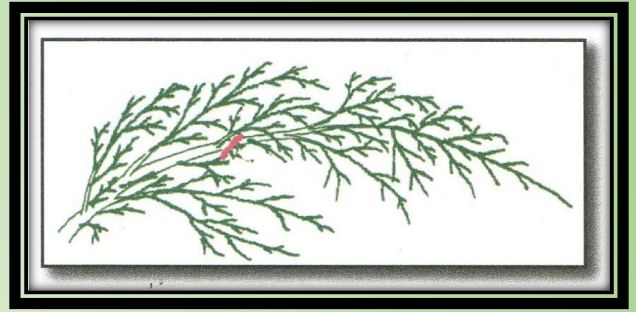


Figure 33-4 Pruning junipers and arborvitae back to a side shoot hides the pruning cut.





Winterfest is an annual community festival of handmade gifts, gallery fine arts and holiday crafts, held on November 9, from 9 am – 4 pm, indoors on the 'main street' of Evergreen High School.

Helen McLeman, has stepped up to coordinate an Evergreen Garden Club information booth at Winterfest. (Thank you, Helen!) She is looking for garden club member volunteers for the day of the festival. There is always time to do a little shopping while you volunteer, so please contact Helen if you can help.

Helen can be contacted by e-mail at helenmcleman.com
or by cell phone 720-879-8611.

2020 Jeffco Master Gardener Calendars have arrived!

The 2020 Jeffco Master Gardener Calendars
will be available at the
November 12th meeting for \$15.00, cash or check
and feature photos from EGC members
Susan Garcia, Cindy Gibson and Cherie Luke

Calendars prepared and designed by:
Master Gardeners of Jefferson County, Colorado -
a Non-Profit Organization
and Native Plant Masters

Proceeds go towards scholarships for area students
pursuing education/careers in horticulture.





Gift Ideas for Gardeners!



GARDEN ORNAMENTS \$23.00 [Etsy.com](https://www.etsy.com)

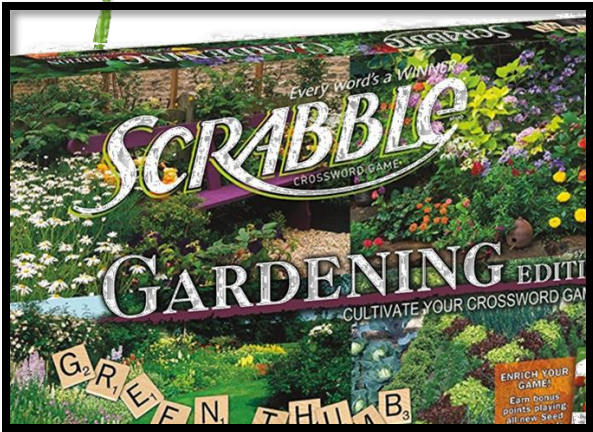


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**FUNNY GUY STORE
ON ETSY.COM
\$21.95**



**SCRABBLE GARDENING EDITION
\$32.45 Amazon.com**



**GARDENER'S HAND GIFT BOX
\$24.00 Etsy.com**



For someone new to Evergreen!



HERB MARKERS \$24.70 Etsy.com



Green House Ornament
\$24.95 Gardener's Supply



Garden Holds \$44.95 Gardener's Supply



Bare Bones Garden Scissors
\$19.95 Gardener's Supply.com



Mason Bee House
\$21.95 Gardener's Supply .com



Please join Sundance by Design for our

Holiday Open House

November 8-10

12-5 Friday & Saturday, 12-4 Sunday

Refreshments & Door Prize Drawing!

27945 Meadow Drive, Evergreen

www.sundancegardens.com



Just Add Water!

In cold weather, a heated bird bath can be a bird's best friend



Winter can be a particularly difficult time for wildlife and most gardeners love to feed the birds. But did you know that open water may be more difficult for birds to find in winter than food? Many times, reliable water sources can be frozen with or without snow on the ground, or evaporated by the cold, dry wind.

When water suddenly disappears, animals expend valuable energy and risk dangerous exposure searching for other sources—which might mean the difference between life and death in the coldest season.

Water sources in winter are a wonderful way to attract a variety of birds that don't normally visit feeders. At a time when natural water sources may be frozen, they provide a reliable source of water for bathing and drinking. Bathing is especially important in cold weather in order to keep feathers in top condition. *Research has shown that a chickadee with well-maintained feathers can sustain a 70-degree layer of insulation between the outside air and its skin.*

The easiest way to provide ice-free water in a bird bath is to use a heat source. You can find birdbaths with built-in heating elements (generally set to 40–50 degrees Fahrenheit) at online retailers and home and garden specialty stores. You can also purchase water-heating units designed to float on the surface of ponds or to rest on the bottom of birdbaths. These heaters usually cost little to run and safely shut off automatically when pulled out of the water.



**SOLAR
OPTIONS**



Important Safety Tip: Be sure your outdoor outlets are protected by a ground-fault circuit interrupter (GFCI) to cut off the electricity in case of a short.

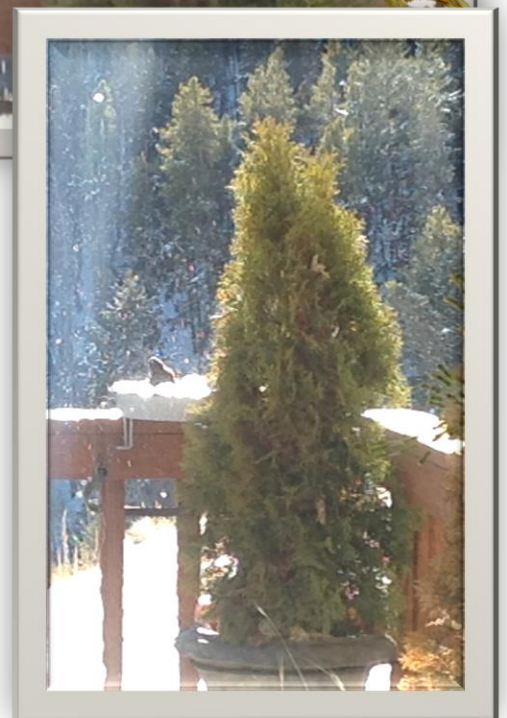
Use solar energy to your advantage: Put water sources on the south or southwestern side of your property, preferably sheltered from the wind.

However, when you provide water, remember that sanitation is important year-round. Locating water sources close to your house makes [cleaning](#) and maintenance much easier—and you won't have to carry buckets of water far. Be sure the containers are regularly cleaned and replenished with fresh water—more often as more animals use them—to prevent the spread of disease.


Rinse a birdbath daily before refilling it, and clean it once a week using a solution of one-part chlorine bleach to nine parts water and a scrub brush to loosen debris. Rinse again thoroughly before refilling with fresh water.

References

- The Humane Society of the United States
- Wild Birds Unlimited
- Rockies Audubon



**GROUND
OPTIONS**



A thankful 'Thank You' to Kathryn Boylston
and all past, present and future
EGC Presenters for educating and
entertaining us every month!

EGC NEEDS A SECRETARY!

Did you know that you do not need to be present for every meeting to be the Secretary for Evergreen Garden Club? We need someone who can compile the board and committee chairperson's written reports into one document (which can be done remotely).

Let's Keep EGC Going Strong!

For more information and details regarding this important open board position, please contact

Louise Heern at louiseheern@gmail.com

Kris Waggoner at kriswaggo@gmail.com or

Cindy Gibson at clgibson426@gmail.com





**EGC HOLIDAY PARTY IS
DECEMBER 10th!**

**EGC will provide Baked Ham,
Honey Smoked Salmon
and Sparkling Cider**

**Please plan to sign up to bring a side dish or
dessert at the November 12th meeting.**

**As in the past, EGC will be collecting donations of
hearty soup (at least 6 grams of protein) and
corn bread mixes for the food bank in Evergreen.
We will need at least two volunteers to work the
food donation table, box up the donations and
deliver to the food bank after the party.**

**Please call or text Annell Hoy if you have any
questions or wish to volunteer.**

720-438-5502

Please send any corrections or submissions for
The Wild Iris to louiseheern@gmail.com